

# FEW Notes

October 2005  
Volume VI, No. 2

## Inside this issue:

- President's Pencil
- Executive Board
- Bosses Day
- 20 Truths to Remember
- Pat Wolfe Speaks Out
- Veteran's Day
- Breast Cancer Site
- Membership Application

Federally Employed Women Inc.  
Greater Oklahoma City  
Chapter, No. 30

P.O. Box 890718  
Oklahoma City, OK 73189-0718

Editor: Carolyn Delong  
[Mazda1994@sbcglobal.net](mailto:Mazda1994@sbcglobal.net)



The  
President's  
Pencil.....  
By Brenda Hagar

What an inspiration – I attended the recent Breast Cancer Awareness Program and it was a total inspiration. There were wonderful guest speakers and also sharing from the nine cancer survivors that were in attendance. WOW – it was really great.

Our next program will be for Self-Defense on November 14 at the Holiday Inn Airport. Please come and bring someone with you. It will also be a great program. I appreciate how the Executive Board is working together to bring these wonderful opportunities to our Chapter.

I've received information on the 2006 RTP in San Antonio, TX. The registration fee is only \$75.00. If you are interested in attending please contact me or check the website for more information.

Please continue to remember those affected by the hurricanes in the Gulf Coast. I attended the Southern Baptist Disaster Relief training this past weekend. The Red Cross with the Southern Baptist Disaster Relief Teams are still feeding thousands each day that are still displaced from their homes.

Make this a wonderful month and be a blessing to someone.

*Next Board Meeting*

*Monday, Nov 14, 2005*

*5:00 pm*

*"Street Smart Self-Defense"*

*following @ 6:30*

**Holiday Inn Airport  
2101 S. Meridian**



GOKC CHAPTER EXECUTIVE BOARD 2004-2006		
President	Brenda Hagar	(w) 954-4514 (h) 376-5318
Immediate Past President	Ellen McKenzie	(w) 954-2882
VP Membership	Debbie Miller	(w) 605-7233 (h) 691-2992
VP Programs	Tammie Kierstead	(w) 270-0501 X4115 (h) 620-1429
Secretary	Peggy O'Neal	(h) 843-5938
Treasurer	Lynn Carroll	(h) 752-4535
Nominations Chair	Marilyn Hampton	(w) 954-7867 (h) 794-0905
Bylaws	Charlie Taylor	(w) 954-3003 (h) 794-7584
Compliance/Diversity & Legislative	Dalia Lopez	(w) 736-3010 (h) 733-9275
Ways & Means	Tammie Kierstead	(w) 270-0501 X4115 (h) 620-1429
Parliamentarian	Alverzine Miles	(h) 427-0588 (c) 623-1754
Finance	Cynthia Corbett	(w) 954-7528 (h) 659-1802
Resolutions/Awards	Jennifer Mott	(w) 954-5558 (c) 650-6323
Newsletter/Publicity	Carolyn Delong	(h) 691-5817



## TWENTY TRUTHS TO REMEMBER

- ❖ Faith is the ability to not panic.
- ❖ If you worry, you didn't pray. If you pray, don't worry.
- ❖ As a child of God, prayer is kind of like calling home every day
- ❖ Blessed are the flexible, for they shall not be bent out of shape
- ❖ When we get tangled up in our problems, be still,
- ❖ God wants us to be still so He can untangle the knot.
- ❖ Do the math. Count your blessings.
- ❖ God wants spiritual fruit not religious nuts.
- ❖ Dear God: I have a problem. It's me.
- ❖ Silence is often misinterpreted, but never misquoted.
- ❖ Laugh every day, it's like inner jogging.
- ❖ The most important things in your home are the people.
- ❖ Growing old is inevitable; growing up is optional.
- ❖ There is no key to happiness. The door is always open.
- ❖ A grudge is a heavy thing to carry.
- ❖ He who dies with the most toys is still dead.
- ❖ We do not remember days, but moments. Life moves too fast, so enjoy your precious moments
- ❖ Nothing is real to you until you experience it, otherwise it's just hearsay
- ❖ It's all right to sit on your potty now and again, just be sure to flush when you are done.
- ❖ Surviving and living your life successfully requires courage. The goals and dreams you're seeking require courage and risk-taking. Learn from the turtle, it only makes progress when it sticks out its neck.
- ❖ Be more concerned with your character than your reputation. Your character is what you really are, while your reputation is merely what others think you are

## National Bosses Day October 16

National Boss Day was launched in 1958 by Patricia Bays Haroski, an Illinois secretary. Was she a mastermind at office politics? A person with an exceptionally wonderful boss? Or was she just a super-competent secretary whose boss added to her "to do" list: "Create national holiday in my honor"? Actually, she was an appreciative daughter who worked for her dad whose birthday was Oct. 16. That's how National Bosses Day became the day to honor bosses.



Mary Davis 11/4/05  
Judy Queen 11/11  
Charlie Taylor 11/13



FEW President, Pat Wolfe

*FEW Asks Congress  
Not to Cut Federal  
Worker Benefits*

From: <http://www.few.org> (dated 9-22-05)

Patricia Wolfe, President of Federally Employed Women (FEW) expressed her deep appreciation for the work of House Government Reform Committee Chairman Tom Davis (R-VA) in protecting federal employee benefits from cuts in order to pay for hurricane relief. "As always, Chairman Davis continues to support and protect federal workers nationwide." Wolfe stated. "We certainly appreciate his help."

Chairman Davis had responded to a congressional proposal to include federal retiree health benefits and pensions in a budget package to pay for hurricane relief by stating this approach was a "non-starter."

While FEW appreciates the need for some budget cuts to pay for the devastation in Louisiana and Mississippi, cutting federal retiree worker benefit and pensions is not the answer and certainly would have a more adverse impact on female federal retirees – many of whom are just making ends meet. "Cutting the benefits of workers who have dedicated their entire careers to serving the American people is simply not fair," FEW's Vice President for Congressional and Government Relations Rhonda Trent pointed out. Many FEW members also live in the affected areas, and certainly should not see their benefits cut.

FEW urges other Members of Congress to join Chairman Davis in protecting federal retiree benefits and pensions from budget cuts.



*VETERAN'S DAY  
NOVEMBER 11*

Veteran's Day is dedicated to honor all men and women, both living and deceased, who have served in the nation's armed forces.

It is a legal federal holiday in the United States. Veteran's Day is always celebrated on November 11th, regardless of the day of the week on which it falls.

In 1919, President Woodrow Wilson proclaimed November 11th as Armistice Day to commemorate the end of World War I, which took place at the 11th hour, of the 11th day, of the 11th month. Congress changed the name to Veteran's Day in 1954.

*The Breast Cancer  
Site needs a click!*



Please tell ten friends to tell ten today! The Breast Cancer site is having trouble getting enough people to click on their site daily to meet their quota of donating at least one free mammogram a day to an underprivileged woman. It takes less than a minute to go to their site and click on "donating a mammogram" for free (pink window in the middle). This doesn't cost you a thing. Their corporate sponsors/advertisers use the number of daily visits to donate mammogram in exchange for advertising.

Here's the web site! Pass it along to people you know.

<http://www.thebreastcancersite.com>

**TELL 10 FRIENDS TO TELL 10 FRIENDS TODAY!!**

