

FEW Notes

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Greater Oklahoma City
Chapter, No. 30

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The
President's
Pencil.....
By Brenda Hagar

My how time flies. It seems like we were just starting summer with Memorial Day and now Labor Day has already passed. Fall is in the air and it sounds crazy but some of the local stores have started putting Christmas decorations out. Before we know it we will be discussing Regional Training Program.

Well – while we are on the subject. Its time to start planning for the 2006 Regional Training Program. It will be held in San Antonio, TX, March 14 – 17. It will be a great RTP!!!!!!

We had a wonderful program this week on women and finances and talking about mortgages. October 3rd we will be having a program on Breast Cancer Awareness Month. It's very important to get the word out about this program. Breast Cancer in one way or another has affected each and every one of us. Please – invite your friends and neighbors to come to this great program. Please call Tammie Kierstead at 620-1429 if you plan to attend. There will be great door prizes and also a time to pay tribute to those who are survivors of this dreadful disease.

I would be remiss if I didn't mention the devastation that has occurred in the Gulf Region. Please continue to help where you can and pray for those affected by this tragedy.

Next Board Meeting
Monday, Oct. 3, 2005
5:00 pm

Holiday Inn Airport
2101 S. Meridian

Followed by a program @ 6:00 "Battling Breast Cancer"



GOKC CHAPTER EXECUTIVE BOARD 2004-2006		
President	Brenda Hagar	(w) 954-4514 (h) 376-5318
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VP Membership	Debbie Miller	(w) 605-7233 (h) 691-2992
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Ways & Means	Tammie Kierstead	(w) 270-0501 X4115 (h) 620-1429
Parliamentarian	Alverzine Miles	(h) 427-0588 (c) 623-1754
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Newsletter/Publicity	Carolyn Delong	(h) 691-5817



ASPCA DISASTER RELIEF FUND FOR ANIMALS

Submitted by Debbie Miller

Animals impacted by natural disasters like Hurricane Katrina desperately need FEW members' help and assistance. Various animal organizations are continuing round-the-clock recovery efforts to help the animal victims of Katrina in the affected areas. Currently, the American Society for the Prevention of Cruelty to Animals (ASPCA) knows how a family may be distraught while separated from loved ones and pets. To ease their pet anxiety, ASPCA has built two databases on their website--the first database helps families try to find their lost pets, and a second database is for individuals who would like to volunteer their services for recovery efforts and/or assist in the rebuilding of animal shelters.

Individuals who are animal lovers realize that in today's society many individuals do not have children and, therefore, have a high regard for their pets. As the American Red Cross receive donations to help out our fellow countrymen, please try to remember to lend your support to help the animal victims of Hurricane Katrina as well. Many thanks to all who have already given so generously.

Sep 15 - Oct 15 is National Hispanic Heritage Month

Info from: <http://www.educationworld.com>

Today, according to the U.S. Census Bureau, more than 37 million people in the United States are of Hispanic origin. *That's about ten percent of us!*

Here is some trivia – see how well you can do!

1. What event do Mexicans and Mexican-Americans celebrate on Sept. 16?
2. Who is the City of Galveston, Texas named after?
3. What historic event is celebrated on May 5th (or Cinco de mayo)?
4. What are sikus, quenenas, wankaras and charangos?
5. What three U.S. states are home to most Hispanic-owned businesses?
6. What is one of the accepted roots of the word Mariachi?

The answers are found on Page 3.



Constitution Day

*Observed Every
September 17th*

Info from <http://usgovinfo.about.com/blconstday.htm>

On September 17, 1787, the 55 delegates to the Constitutional Convention held their final meeting. Only one item of business occupied the agenda that day, to sign the Constitution of the United States of America.

Since May 14, 1787 the 55 delegates had gathered almost daily in the State House (Independence Hall) in Philadelphia to revise the Articles of Confederation. By the middle of June, it became apparent to the delegates that to merely amend the Articles of Confederation would not be sufficient. Instead, they would write an entirely new document designed to clearly define and separate the powers of the central government, the powers of the states, the rights of the people and how the representatives of the people should be elected.

After being signed in September of 1787, Congress sent printed copies of the Constitution to the state legislatures for ratification. In the months that followed, James Madison, Alexander Hamilton and John Jay would write the Federalist Papers in support, while Patrick Henry, Elbridge Gerry, and George Mason would organize the opposition to the new Constitution. By June 21, 1788, nine states had approved the Constitution, finally forming "a more perfect Union."

No matter how much we argue about the details of its meaning today, in the opinion of many, the Constitution signed in Philadelphia on September 17, 1787 represents the greatest expression of statesmanship and compromise ever written. In just four hand-written pages, the Constitution gives us no less than the owners' manual to the greatest form of government the world has ever known.

We have no tribal council, nor can we vote anybody off the island. But, we do live in the land of the free, and as long as the Constitution stands, we always will.



Breast Cancer Program
October 3

2005 marks more than 20 years that National Breast Cancer Awareness Month (NBCAM) has educated women about early breast cancer detection, diagnosis and treatment. This year, NBCAM is again reaching out to women with several key messages, most notably, the importance of early detection through annual mammography screening for women over 40. Mammography screenings are a woman's best chance for detecting breast cancer early. When coupled with new treatment options, mammography screenings can significantly improve a woman's chances of survival.

The GOKC Chapter is sponsoring an informative program in recognition of Breast Cancer Awareness Month:

When: Oct. 3rd, 2005
Where: Holiday Inn (airport)
What Time: 6:00 p.m.
Snacks will be provided
You won't want to miss this one!
Fun, Educational, Prizes and Food!

The speakers at the program are:

Merlyn Kelley will be discussing the medical aspects of Breast Cancer, updating us on statistics and teaching us how to do self breast exams and why it's important.

Rachel Sweet is a retired missionary and will be sharing her own story about her experience with breast cancer and what it means to be a survivor.

Vicki Randall didn't take no for an answer! She will talk about her undetected lump, chemo, and life after reconstructive surgery.

Call Tammie Kierstead to RSVP at 620-1429



A Little Bit of Humor...

Mark Twain once said, "October. This is one of the peculiarly dangerous months to speculate in stocks in. The others are July, January, September, April, November, May, March, June, December, August, and February."



And, here are the answers!

1. September 16 is Mexican Independence Day.
2. Marshall Bernardo de Galvez
3. On May 5, 1862, Mexican forces defeated the invading soldiers of Napoleon in the town of Puebla.
4. Andean musical instruments.
5. California, Texas and Florida.
6. It is a variation of the French word mariage, meaning wedding or marriage; or that it comes from the name of the wood used to make the platform on which the performers danced to the music of the village musicians.



Mary Holzer October 3
Donna Sullivan October 6

*Columbus Day
October 10, 2005*



Columbus Day is celebrated in the United States to honor Christopher Columbus's first voyage to America in 1492. Columbus is the explorer who discovered America in that year.

Ellen McKenzie, Immediate Past President of GOKC, is recuperating at home after surgery.

We miss you, Ellen, send our thoughts and prayers, and hope to see you soon!



*FINANCIAL
MORTGAGE
FREEDOM*

Submitted by Debbie Miller

FEW's Mission Statement

From FEW.org

Federally Employed Women (FEW) is a membership organization working for the elimination of sexual harassment and the advancement of women in government. This will be accomplished by:

Options for financial mortgage freedom were presented to chapter members and guests during the FEW September program. Loan representative, Mr. Matt Green, presented a different perspective concerning a flexible mortgage solution being offered by his employer, World Savings. World Savings' parent company, the Golden West Financial Corporation is nationally recognized by *Fortune 500* magazine as "America's Most Admired" mortgage services company. Mr. Green stated that borrowers have other options available other than the normal 15 or 30-year loans. Borrowers could select the "pick-a-payment home loan" and this particular type loan may utilize one of four payment options. Depending on the option chosen, the borrower may invest their potential savings into various money-saving opportunities. Within a 5-year timeframe, significant savings could be accumulated by the borrower. Mr. Green actively participated with the audience, fielded numerous questions, and proved he was very knowledgeable about mortgage investments. In addition, he provided information portfolios with many financial planning excerpts to the program attendees. One of the main highlights of the evening was Mr. Green's surprise announcement—one individual attending the program would receive a \$50 gift certificate to Charleston's Restaurant. The lucky program participant chosen was Ms. Doris Torres, a Tinker Air Force Base Inventory Management Specialist. *Congratulations Doris!*

- encouraging diversity and equity in the workplace
- enhancing career opportunities for women
- establishing and maintaining relationships with organizations to advocate the fair application of EEO and personnel laws, policies, procedures, and practices
- improving the quality of life for women by influencing Congressional and Administration actions
- committing to achieve and maintain a unified and diverse membership; and
- providing opportunities for professional growth through leadership development, education, mentoring, and networking.

BE CAREFUL....

Submitted by Debbie Miller

Be careful of your thoughts
For your thoughts become your words.
Be careful of your words
For your words become your actions.
Be careful of your actions
For your actions become your habits.
Be careful of your habits
For your habits become your character.
Be careful of your character
For your character becomes your destiny.

Matt Green presents
Doris Torres her \$50
Charleston's gift certificate



- Author unknown -

